

Fraxel Laser Treatment

- Fraxel Laser is used for scarring conditions (acne scarring, stretch marks, surgical scars, etc), pigmentation, ageing and solar keratosis
- Treatment of scarring requires a course of 3 – 6 laser treatments
- Treatment of other conditions may also require more than one treatment with at least 6 weeks in between
- Local anaesthetic cream is used on the skin for 60 minutes pre-treatment
- After effects:
 - Sunburn-like sensations with redness and swelling (occasionally severe)
 - Bronzing/browning developing on the second and third days
 - Then a fine exfoliation or peel
 - Pin-point scabs and crusts can commonly occur
 - Sunscreen is important
 - Makeup is OK (mineral is best)
 - Acne can occur in the week after treatment, esp if prone
- Risks & Side Effects
 - Cold sore (Herpes) outbreaks – if prone; cold sore tablets may be recommended
 - Uneven responses may require more treatment
 - Temporary increased pigmentation – esp. in Asian or darker skin types
 - Scars
 - Permanent loss or increase in pigment
- Not recommended for those pregnant or breast-feeding
- Must not be on Roaccutane (at least 3 months prior)