

## IPL Rejuvenation

- Multiple treatments are recommended generally 1-3
- A gradual improvement will generally be seen over the course of treatments
- The degree of improvement varies from person to person though
- Initial darkening of pigment which can take 1-2 weeks to peel away
- Treatment uncomfortable but fast
- Treatment should not be undertaken with active cold-sores (Herpes infections)
- Sunscreen and UV avoidance is essential after treatment
- Ongoing maintenance treatment is often required
- After treatment possible effects include:
  - Redness and swelling is common
  - Scabbing and crusting is common
  - Blistering is uncommon
  - An uneven response of brown pigment (common after the first treatment – some 'lines' of pigment may be left and require further treatment)
  - Uneven response of redness
  - **Marked** swelling around eyes lasting up to 5 days
  - Temporarily increased pigment (more common in Asian & dark skin types)
  - Red or white scarring (very uncommon)